

### Child Abuse

#### **Childhelp®**

Phone: 800.4.A.CHILD (800.422.4453)

Whom They Help: Child abuse victims, parents, concerned individuals

### Child Sexual Abuse

#### **Darkness to Light**

Phone: 866.FOR.LIGHT (866.367.5444)

Whom They Help: Children and adults needing local information or resources about sexual abuse

### Family Violence

#### **National Domestic Violence Hotline**

Phone: 800.799.SAFE (800.799.7233)

Whom They Help: Children, parents, friends, offenders

### Help for Parents

#### **National Parent Helpline®**

Phone: 855.4APARENT (855.427.2736) (available 10 a.m. to 7 p.m., PST, weekdays)

Whom They Help: Parents and caregivers needing emotional support and links to resources

### Human Trafficking

#### **National Human Trafficking Hotline**

Phone: 888.373.7888

Whom They Help: Victims of human trafficking and those reporting potential trafficking situations

### Mental Illness

#### **National Alliance on Mental Illness**

Phone: 800.950.NAMI (800.950.6264)

Whom They Help: Individuals, families, professionals

### Missing/Abducted Children

#### **Child Find of America**

Phone: 800.I.AM.LOST (800.426.5678)

Whom They Help: Parents reporting lost or abducted children, including parental abductions

#### **Child Find of America—Mediation**

Phone: 800.A.WAY.OUT (800.292.9688)

Whom They Help: Parents (abduction, prevention, child custody issues)

#### **National Center for Missing and Exploited Children**

Phone: 800.THE.LOST (800.843.5678)

Whom They Help: Families and professionals (social services, law enforcement)

### Rape/Incest

#### **Rape, Abuse & Incest National Network (RAINN)**

Phone: 800.656.HOPE (800.656.4673)

Whom They Help: Rape and incest victims, media, policymakers, concerned individuals

### Substance Abuse

#### **National Alcohol and Substance Abuse Information Center**

Phone: 800.784.6776

Whom They Help: Families, professionals, media, policymakers, concerned individuals

### Suicide Prevention

#### **National Suicide Prevention Lifeline**

Phone: 800.273.8255

Whom They Help: Families, concerned individuals

### Youth in Trouble/Runaways

#### **National Runaway Switchboard**

Phone: 800.RUNAWAY (800.786.2929)

Whom They Help: Runaway and homeless youth, families